Learn to Skate

Calendar

- Taught by the York City Ice Arena Skating Instructors from: WRFSC
- Figure OR Hockey Skate rental is available at no additional charge.
- Each student receives 30min. lesson & 30min. of practice.
- Each Student will receive a Practice Pass (3 sessions)-it is for the student to practice the skills they are learning in class & must be used during the current session.
- Children 6 & under are required to wear helmets (hockey or bicycle)
- Wear loose fitting clothing & 1 pair of socks-NO snow suits.
- All participants should wear gloves/mittens.
- Missed classes can be made up during the current session-credits for missed classes will only be given with a doctor's note
- \$5 Discount for each additional child
- Students should arrive for class @ least 15min before class to get their skates on and prepare for class.
- Testing will be done on the last day of class-certificates or ribbons will be handed out along with recommendations.
- To Register for a LTS Session please visit YORKSKATE.COM

Levels of Learn to Skate

Snowplow Sam 1-3:

Ages 3-5. Students will learn to feel comfortable on the ice, stand and fall properly, snowplow stop

Basic Skills 1-2:

Any student older than 5. Will learn the same skills as Snowplow 1-3

Basic Skills 3-6:

All Ages. After completing Snowplow or Basic 1-2 levels. Correct use of blade, forward/backward stroking and crossovers, T-stops, bunny hops 3-turns and lunges

Pre-Free – Free Skate:

Learning figure skating skills such as jumps, spins and footwork

Hockey 1-4:

Students will learn proper hockey stance, t-push, forward/backward gliding, C-Cuts, forward/backward crossover and hockey stops

Power Skating & Power Stroking:

Excelling in skills learned in Snowplow thru Basic Skill 3-6 and Hockey 1-4. Learning powerful crossovers, stops and strides, learning fast stop and starts

All levels are recommended for BOTH figure and hockey skaters

York City residents will receive a 50% Discount (Must show proof before paying)

Group Lesson Calendar 2017-2018 Season

Wednesday's

Power Stroking & Power Skating 5:15-5:45pm

Snowplow thru Hockey 5:45-6:45pm Saturday's

Snowplow thru Hockey 10:30-11:30am

August Mini Session: 4wks for \$45 Wednesday Only 8/2. 8/9, 8/16, 8/23

Session #1: \$65 for 6 weeks Wednesdays: 9/6-10/11 Saturdays: 9/9-10-14

Session #2: \$75 for 7 weeks Wednesdays: 10/18-12-13 (NO CLASS: 11/1 & 11/22) Saturdays: 10/21-12/16 (NO CLASS: 11/04 & 11/25)

Holiday Mini Session: \$55 for 5 days 12/26, 12/27, 12/28, 12/29, 12/30

Session #3: \$65 for 6 weeks Wednesdays: 1/3-2/21 (NO CLASS: 1/10 & 2/13) Saturdays: 1/6-2/24 (NO CLASS: 1/13 & 2/17)

March Mini Session \$55 for 5 class' Wednesday's only 2/28, 3/7, 3/14, 3/21, 3/28

> <u>Session #4:</u> \$75 for 7 weeks Wednesdays: 4/4-5/16 Saturdays: 4/7-5/19

June Mini Session 4 weeks \$45 Wednesday's only 6/6, 6/13, 6/20, 6/27